

Workshop 1
Leading Myself
into the Future

FED Leadership Development Programme



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— LEADING FOR A CHANGING WORLD —

OVERVIEW

FUTURE

- ★ What am I up to/leading for?
- ★ What do I care about?
- ★ The Future you want to create
- ★ Being your Best Self

ENGAGE

- ★ Engaging others in the Future you want
- ★ Building BIG relationships
- ★ The shadow I cast
- ★ Self limiting beliefs

DELIVER

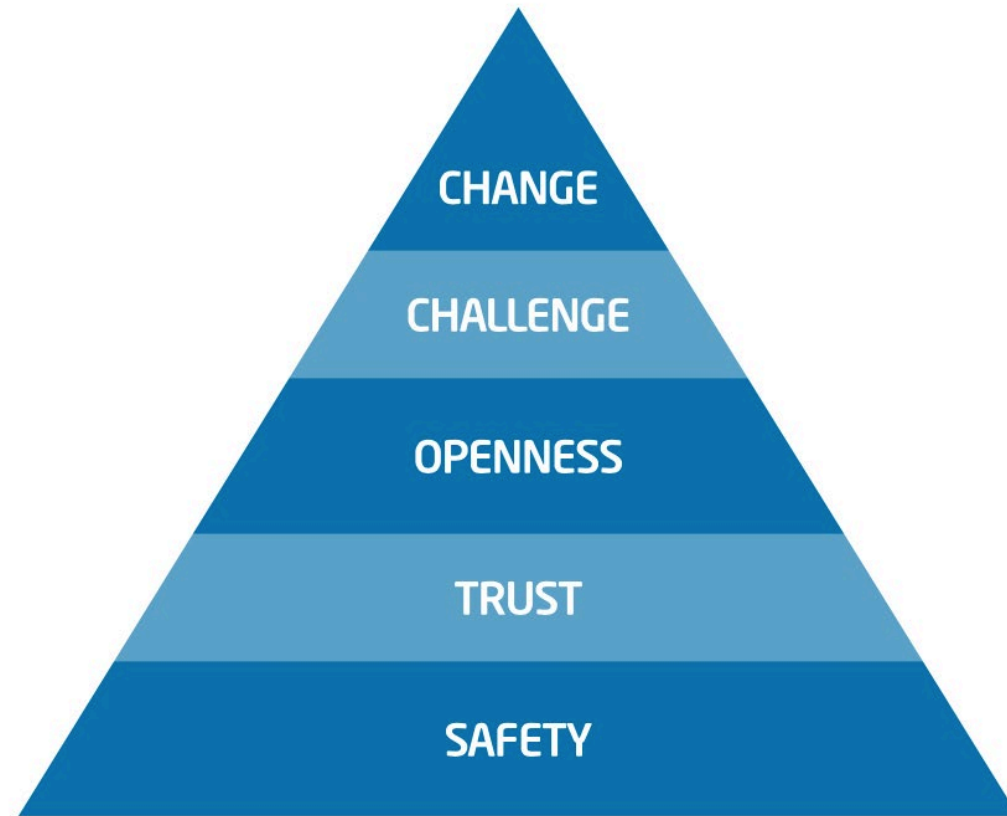
- ★ Delivering more now and later
- ★ Conversations for delivery
- ★ Making BIG requests
- ★ Helping others take ownership



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CONDITIONS FOR CHANGE



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Territory
for Day
One

- Context & Check-in
- Programme Style & Overview
- Four 'energies' of leadership
- How I use my time - Busy vs Purposeful
- The Sea I am Swimming in
- My Best Self
- Leadership Map
- What's the future I want to create?
- Support & Conscious Practice



FOUR ENERGIES OF LEADERSHIP



FOUR ENERGIES OF LEADERSHIP

PHYSICAL

Gestures
Stamina
Physicality
Tone
Voice
Motion
Volume

AGGRESSIVE

INTELLECTUAL

Thinking
Formality
Debating
Structure
Eloquent
Rational
Logical

OPINIONATED

EMOTIONAL

Openness
Passion
Vulnerability
Listening
Relationships
Rapport
Empathy
Trust

MANIPULATIVE

SPIRIT

Higher purpose
Stillness
Calm
Resolute
Vision
Possibility
Belief
Meaning

ZEALOT



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“YOUR FIRST AND
FOREMOST JOB AS A
LEADER IS TO TAKE
CHARGE OF YOUR OWN
ENERGY AND THEN
HELP TO ORCHESTRATE
THE ENERGY OF THOSE
AROUND YOU.”

— Peter F Drucker



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ACCELERATED leadership



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THE SEA I'M SWIMMING IN



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LEADER / MANAGER / OPERATOR



LEADER

Set own context

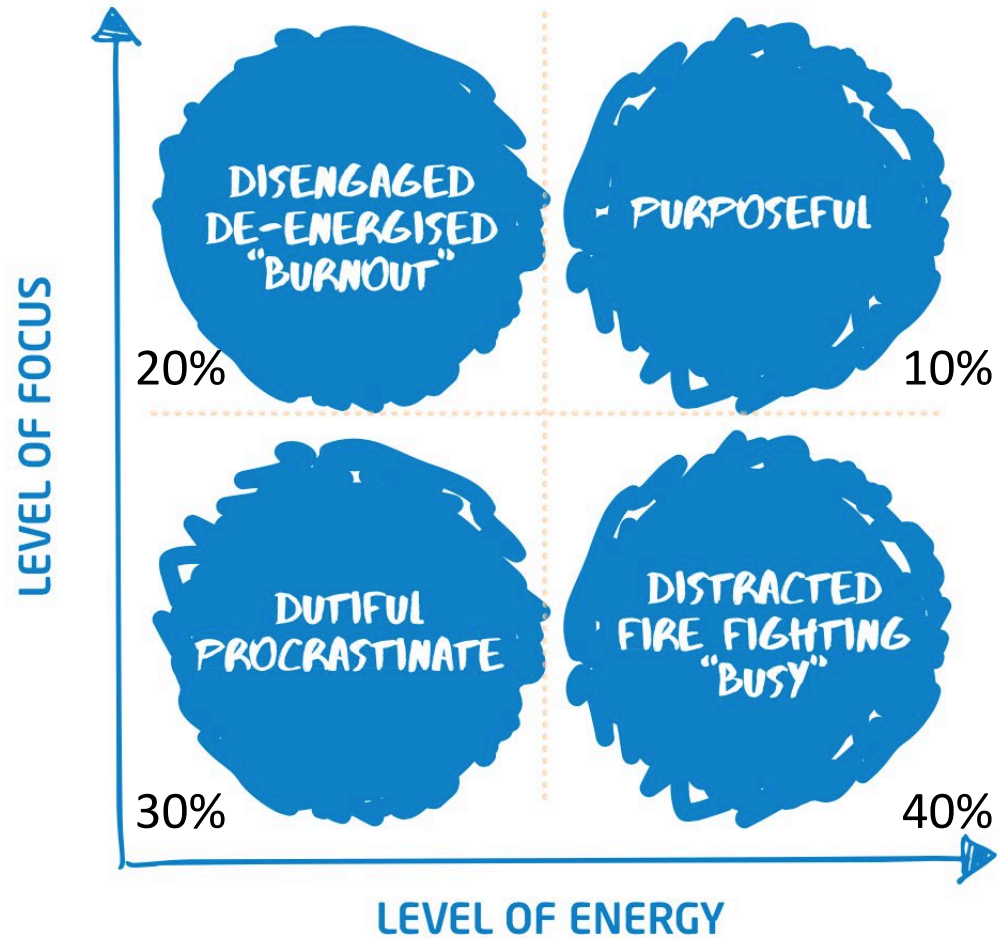
MANAGER

OPERATOR

Work within
others context



BUSY MANAGER



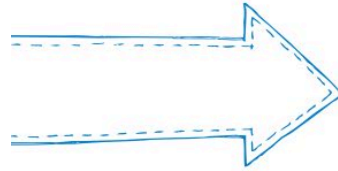
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HOW DO I SPEND my time?

- ★ How often am I in each mode?
- ★ What am I like in each mode?
- ★ What triggers me in and out of each mode?

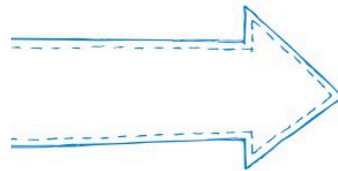


Best Self

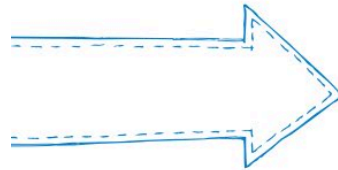


Think of a time when you were most purposeful:

- ★ Describe what happened
- ★ Which of the 4 energies did I use?
- ★ What impact did I have on others?
- ★ How did it feel?
- ★ How did this fit with what I care about?
- ★ What results were achieved?



Speak from 'I'



Dare to boast

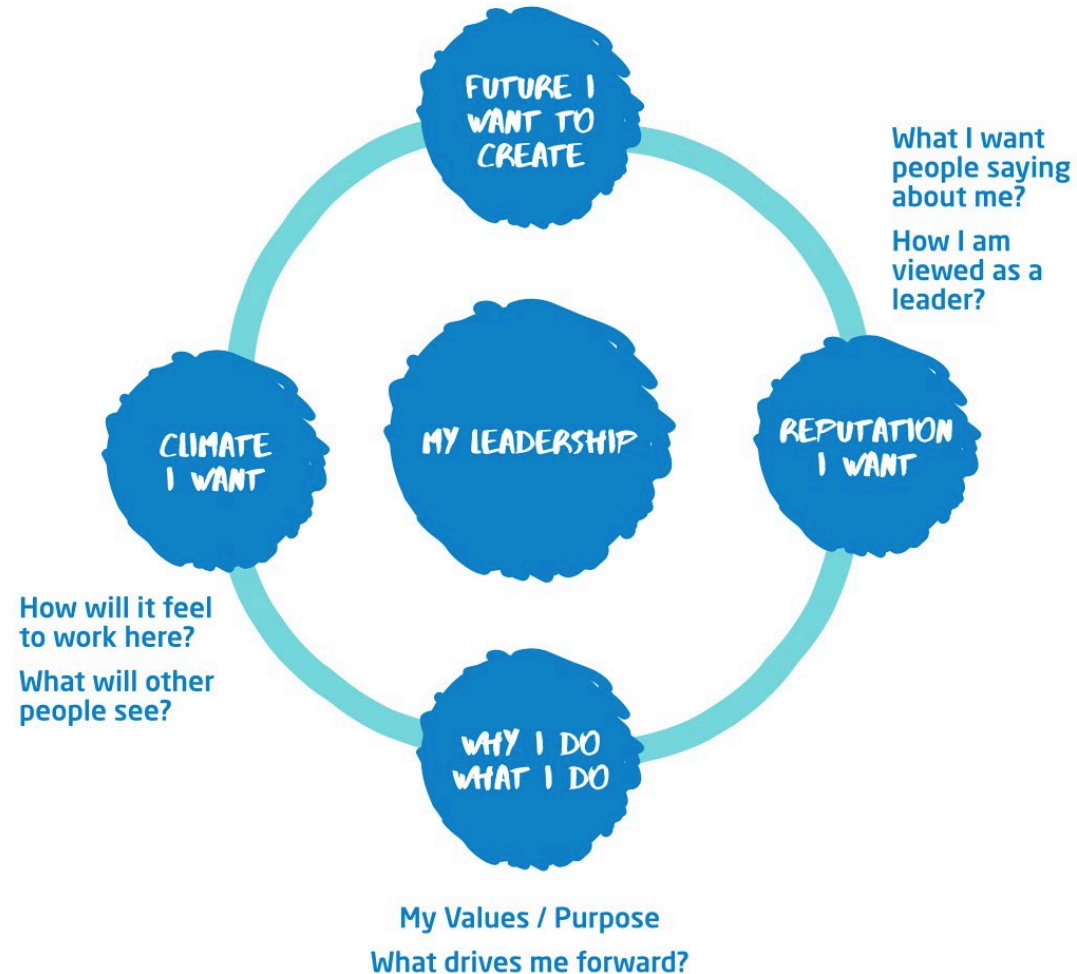


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LEADERSHIP map

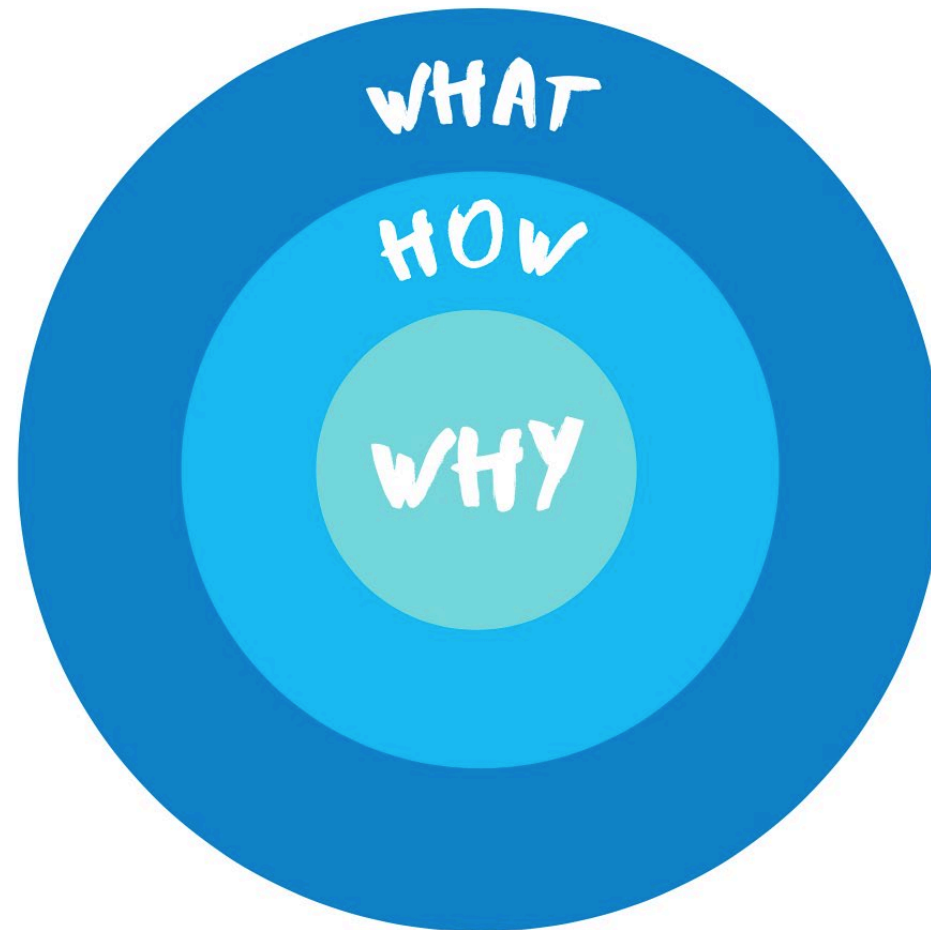
What will success look like?

How will we know when we get there?



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FINDING YOUR 'WHY'



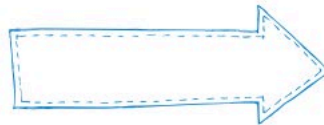
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LEADERSHIP MAP 2



MY LEADERSHIP MAP

WHAT DO I
CARE ABOUT?



Work and home?



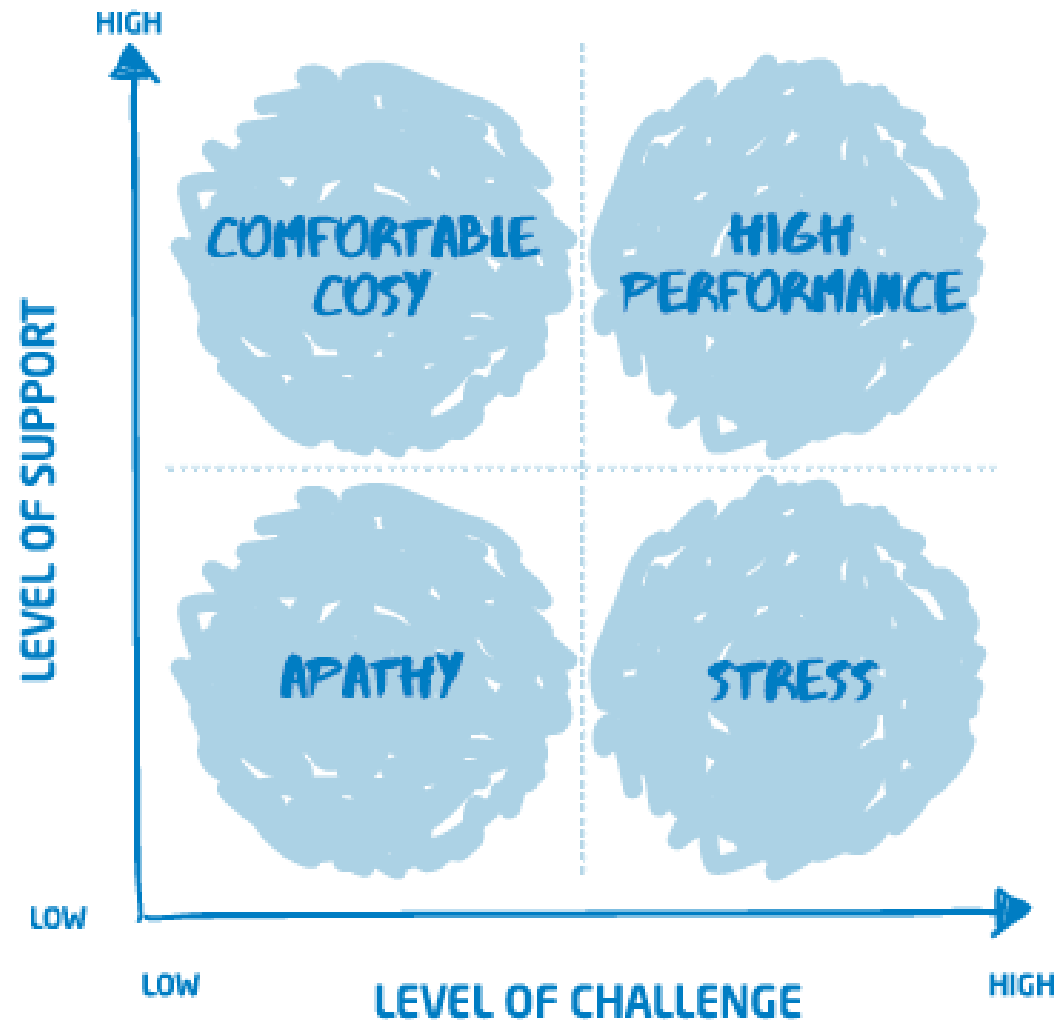
What is important to me?



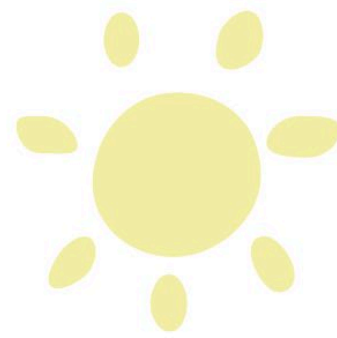
What am I passionate about?



SUPPORT AND CHALLENGE

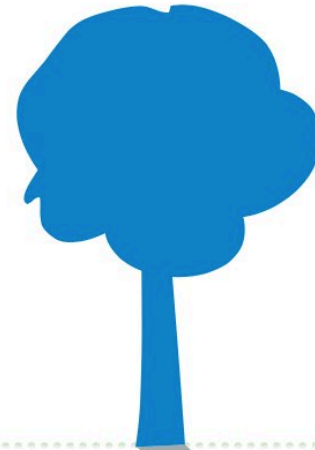


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THE SHADOW I CAST...

MY
LEADERSHIP
BEHAVIOUR



HOW IT 'LANDS'
ON OTHER
PEOPLE



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Conscious PRACTICE

- ★ Decide what you want to try doing differently. Set up 'experiments'.
- ★ Set up your support network: 3-5 people who 'won't tolerate what you tolerate'.
- ★ Start building your leadership map and try out your 'Future' elevator pitch on your support network.
- ★ Things to notice:
 - 4 energies
 - Leader/Manager/Operator mode
- ★ Choose 3-5 people (at least 1 from in and out of work) and ask them
 - When I am at my best, what is it like to be around me?
 - What impact do I have on you?
 - When I am not at my best, what is it like to be around me?
 - What impact do I have on you?

