OVERVIEW

FUTURE

- ★ What am I up to/leading for?
- ★ What do I care about?
- ★ The Future you want to create
- ★ Being your Best Self

ENGAGE

- Engaging others in the Future you want
- ★ Building BIG relationships
- ★ The shadow I cast
- ★ Self limiting beliefs

DELIVER

- ★ Delivering more now and later
- ★ Conversations for delivery
- ★ Making BIG requests
- ★ Helping others take ownership



CONDITIONS FOR CHANGE









- Context & Check-in
- Programme Style & Overview
- Four 'energies' of leadership
- How I use my time Busy vs Purposeful
- The Sea I am Swimming in
- My Best Self
- Leadership Map
- What's the future I want to create?
- Support & Conscious Practice

FOUR ENERGIES OF LEADERSHIP





FOUR ENERGIES OF LEADERSHIP

PHYSICAL PA



Gestures Stamina Physicality Tone Voice Motion

Volume AGGRESSIVE





Thinking Formality Debating Structure Eloquent Rational Logical

OPINIONATED

EMOTIONAL 🖾



Openness Passion Vulnerability Listening Relationships Rapport Empathy Trust

MANIPULATIVE





Higher purpose Stillness Calm Resolute Vision Possibility Belief Meaning

ZEALOT



YOUR FIRST AND FOREMOST JOB AS A LEADER IS TO TAKE CHARGE OF YOUR OWN ENERGY AND THEN HELP TO ORCHESTRATE THE ENERGY OF THOSE AROUND YOU.



- Peter F Drucker

leadership

Asking questions

Noticing, use of curiosity

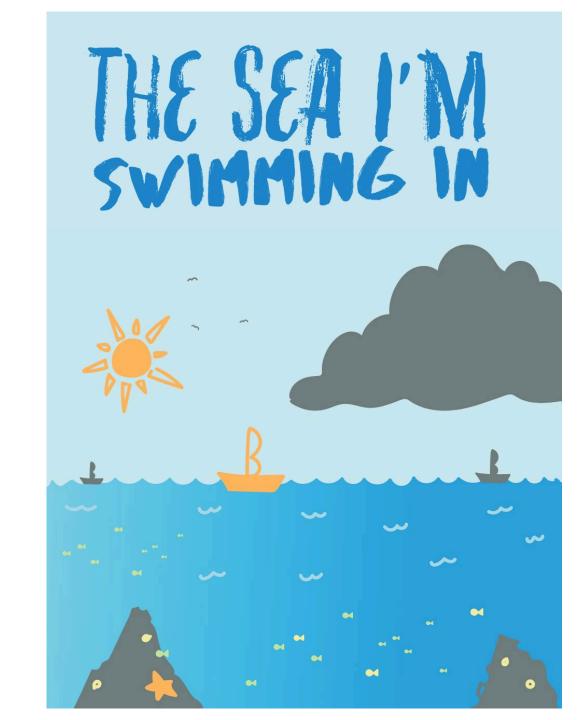
CORE

REALLY

PRACTISING CONSCIOUSLY

Support AND Challenge







LEADER MANAGER OPERATOR



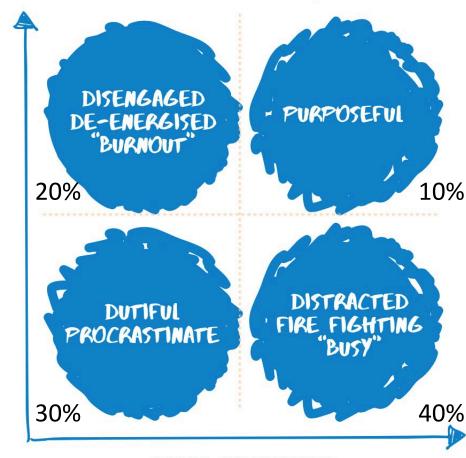
Set own context



Work within others context



BUSY MANAGER



LEVEL OF FOCUS



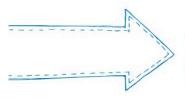
LEVEL OF ENERGY

HOW DO 1 SPEND 1 time?

- ★ How often am I in each mode?
- ★ What am I like in each mode?
- What triggers me in and out of each mode?



Best Self



Think of a time when you were most purposeful:

- ★ Describe what happened
- ★ Which of the 4 energies did I use?
- What impact did I have on others?
- ★ How did it feel?
- ★ How did this fit with what I care about?
- ★ What results were achieved?



Speak from 'I'

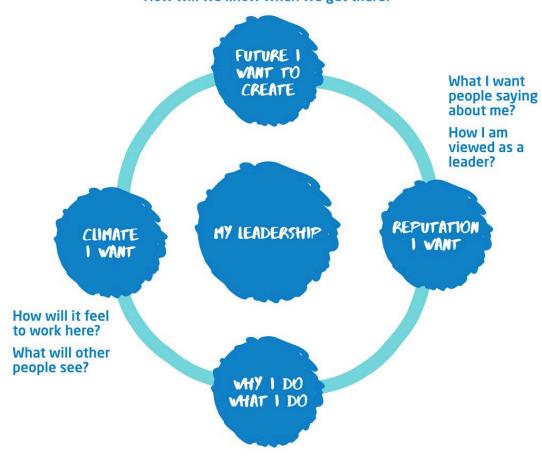
Dare to boast

andpartnership

—LEADING FOR A CHANGING WORLD—

LEADERSHIP

What will success look like? How will we know when we get there?

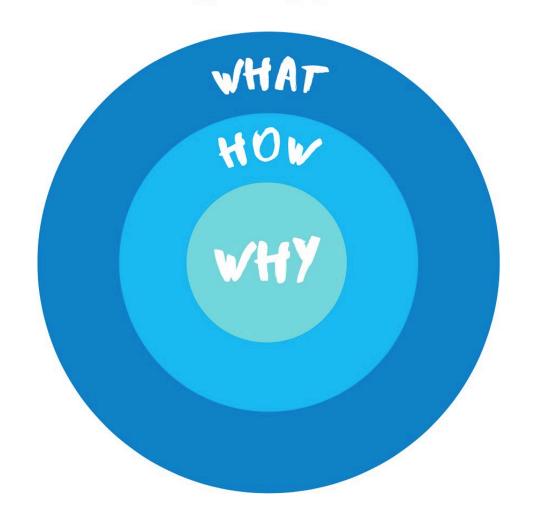


My Values / Purpose What drives me forward?

andpartnership

—LEADING FOR A CHANGING WORLD—

FINDING 40UR









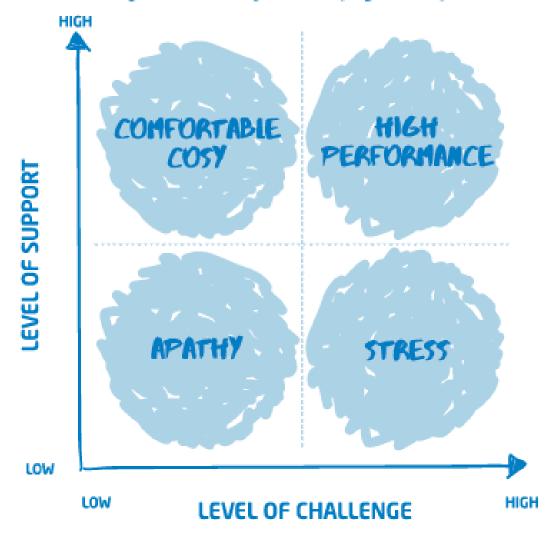


CARE ABOUT?





SUPPORT AND CHALLENGE







MY LEADERSHIP BEHAVIOUR

PEOPLE

HOW IT 'LANDS' ON OTHER



Conscious PRACTICE

- Decide what you want to try doing differently. Set up 'experiments'.
- ★ Set up your support network: 3-5 people who 'won't tolerate what you tolerate'.
- ★ Start building your leadership map and try out your 'Future' elevator pitch on your support network.
- ★ Things to notice:
 - 4 energies
 - Leader/Manager/Operator mode
- Choose 3-5 people (at least 1 from in and out of work) and ask them
 - When I am at my best, what is it like to be around me?
 - What impact do I have on you?
 - When I am not at my best, what is it like to be around me?
 - What impact do I have on you?

